# SYMPTOMS OF MERCURY POISONING

### Recognized by ADA

It is well known that mercury will store 1<sup>st</sup> in the kidney, 2<sup>nd</sup> in the liver, 3<sup>rd</sup> in the neurological tissue, 4<sup>th</sup> in the GI tract, and then in the rest of the tissues. Symptoms related to mercury are vast; however, even the American Dental Association (ADA) admits to the following symptoms:

- 1) Tremor observed in fine voluntary muscle movement, such as handwriting, eventually progressing to convulsions.
- 2) Depression, fatigue, increased irritability, moodiness, nervous excitability especially when criticized
- 3) Inability to concentrate, loss of memory
- 4) Insomnia or drowsiness
- 5) Nausea and diarrhea
- 6) Loss of appetite
- 7) Birth defects in offspring
- 8) Nephritis or symptoms of kidney disease
- 9) Pneumonitis
- 10) Swollen glands and tongue
- 11) Ulceration of oral mucosa
- 12) Dark pigmentation of marginal gingiva and loosening of teeth

Other documented symptoms that affect various body systems include the following:

#### Psychological & Behavioral

Anxiety	Emotional Instability
Apathy	Inability to concentrate
Confusion	Psychological disturbances
Depression	Lowered intelligence
Fits of anger	Manic Depression
Forgetfulness	Lack of self-control
Irritability	Short attention span
Hallucinations	Short-term memory loss
Nervousness	Sleep disturbances
Nightmares	Difficulty making decisions
Tension	Unexplained suicidal ideas
Your Dr. said, "It's your nerves"	

## Cardiovascular System

Anemia Agina Heart attack Heart murmur Tachvcardia Pressure in chest Arteriosclerosis Irregular heartbeat Unexplained chest pains **Digestive System** Colitis Constipation Ulcers Diarrhea Diverticulitis Stomach cramps Loss of appetite Digestive problems Frequent bloating Frequent heartburn **Immune System** Cancer Candia Albicans Asthma Mononucleosis Allergies Leukemia Rhinitis Swollen glands Sinusitis Chronic Fatigue Epstein-Barr virus Environmental illness Hodakins disease Immune deficiency disease Susceptible to flu, colds, etc. **Oral Cavity** Bad breath Bleeding gums Mouth ulcers Leukoplakia Stomatitis Swollen tongue Loosening of teeth Loss of teeth Bone loss around teeth Increased flow of saliva Enlarged salivary glands Burning sensation in mouth

#### Central Nervous System

Dizziness Convulsions Dim vision Epilepsy Facial twitches Insomnia Voices in head Hearing difficulty Mental disability Muscle paralysis Muscle twitches Multiple sclerosis Ringing in ears Speech disorders Difficulty walking Chronic headaches Unexplained leg ierks Failure of muscle coordination Noises or sounds in head Narrowing of field of vision Numbness of arms and legs Tremors of hands, feet, lips Tinaling of fingers, toes, lips, or nose Loss of ability to perform hand movement Endocrine system Arthritis Increased sweating Diabetes Diabetic tendency Edema Thyroid dysfunction Osteoporosis Slow healing Leg cramps Weight loss Kidney stones Pain in joints Cold hands and feet Decreased sexual activity Chronic low body temperature Frequent urination - especially at night Skin Acne Excessive itching Dermatitis Rough skin Skin flushes Rashes **Energy Symptoms** Lethargy Chronic fatigue

Oversleeping

Lack of energy

Drowsiness

Tiredness

Courtesy of Parkview Centre for Integrative Dental Medicine – Parkview Tower – Ground Floor - 28 Davies Avenue – Manukau City - NZ

Metallic taste in mouth Periodontal (gum) disease

Sore throat - persistent cough